

STEVEN HENRY LEIFHEIT, D.O.
CURRICULUM VITAE

Office: 4746 44th Avenue S.W., Suite 204 **Home:** Seattle, WA 98115
Seattle, WA 98116
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Website: SeattleSpineInBalance.com

Licensure: Washington, 22 August 1978 to present.
Texas, 1984-1998.

Certification: Board Certified 2006; Recertified March 2016;
American Osteopathic Board of Neuromusculoskeletal Medicine

Education:

1973-77: Medical School--Doctor of Osteopathy
Texas College of Osteopathic Medicine, Fort Worth, TX
1968-72: Bachelor of Arts, Biology, Lehigh University, Bethlehem, PA

Postgraduate Training:

1981-82: Preceptorship, Obstetrics and Gynecology
Frankfurt Army Regional Medical Center, Frankfurt, Germany
1977-78: Internship, Madigan Army Medical Center, Tacoma, WA

Practice Experience:

1993-present: Private Practice--Musculoskeletal Medicine / Osteopathic Manipulative Medicine
4746 44th Avenue S.W., Seattle, WA 98116
1991-1993: Private Practice--Primary Care and Musculoskeletal Medicine
Address: same as above
1988-1991: General and Family Practice, SeaTac Medical Clinic
15833 Pacific Highway S., Seattle, WA
1984-1987: Associate Director, TCOM Southside Family Practice Clinic
959 E. Rosedale St., Fort Worth, TX
1982-1983: Emergency Room Physician, Frankfurt Army Regional Medical Center, Frankfurt, Germany,
1981-1982: Preceptor and Ward Physician, Department of Obstetrics and Gynecology
Frankfurt Army Regional Medical Center
1978-1981: General Medical Officer and Flight Surgeon
536th General Dispensary, Katterbach, Germany

Hospital Staff Affiliations:

1988-2002: Active Staff, Department of General and Family Practice
Highline Community Hospital, Burien, WA
1989-1990: Courtesy Staff, West Seattle Community Hospital
1984-1987: Active Staff, Fort Worth Osteopathic Medical Center, Fort Worth, TX
1981-1983: Preceptor/Ward Physician, Frankfurt Army Regional Medical Center
1978-1981: Dispensary Physician, Nuernberg Army Hospital, Nuernberg, Germany

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Teaching and Academic Appointments:

- 2013-2015: Clinical Instructor in Osteopathic Manipulative Medicine
Puyallup Family Medicine Residency Program, Tacoma, WA
- 2010-present: Clinical Assistant Professor, Pacific Northwest University of Health Sciences
Yakima, WA
- 1994-present: Clinical Assistant Professor, Family Practice (1994-2006), OMM (2006-present)
Western University of Health Sciences, Pomona, CA
- 1996-2002: Clinical Assistant Professor, Department of General and Family Practice
University of North Texas Health Sciences Center, Fort Worth, TX
- July 2001: Teaching Assistant, American Academy of Osteopathy/FIMM Symposium, Chicago, IL
- 1984-1987: Assistant Professor, Department of General and Family Practice
Texas College of Osteopathic Medicine, Fort Worth, TX
- 1979: Associate Professor, Aviation Physiology, Embry Riddle Aeronautical University
Ansbach, Germany

Military Experience:

- 1982-1992: Major (O-4), Inactive Status
U. S. Army Reserve, St. Louis, MO 63132
- 30 September 1982: Honorable Discharge, Rank of Major.
- 1981-1983: Medical Officer and Ward Physician, Frankfurt Army Regional Medical Center
- 1978-1981: Division Flight Surgeon, First Armored Division, Ansbach, Germany.
- June 1977: Commissioned Captain, U. S. Army Medical Corps, for Internship Training
Madigan Army Medical Center, Fort Lewis, WA.
- 1972-1973: Basic Training Officer, Fort Ord, CA.
- June-Nov. 1972: Infantry Officer, Mortar Platoon Leader, and Airborne Training, Fort Benning, GA.
- 11 June 1972: Commissioned Second Lieutenant, U. S. Army, Infantry.

Awards and Honors:

- 1 Sept 2015: Appointed Pro Tem Member of (State Licensing) Board of Osteopathic Medicine and Surgery,
WA Department of Health.
- 2014: Physician of the Year, Washington Osteopathic Medical Association, in recognition for
Service as Governing Board Trustee, as Executive Committee Officer, and as Medical
Educator.
- 2012: Kiwanian of the Year, West Seattle Kiwanis Club, for chairmanship of Annual Fundraiser
(since 1996) and for two decades of service to the club and to the West Seattle community.
- 1995-2001: Member of (State Licensing) Board of Osteopathic Medicine and Surgery, WA Department of
Health, appointed by Governor Lowry; Re-appointment 1996 by Governor Locke.
- 1993-1997: Chairman, Medical Staff Ethics Committee, Highline Community Hospital.
- June 1972: Distinguished Military Graduate, Lehigh University.
- May 1967: Awarded rank of Eagle Scout, Troop 23, Alamo Area Council

Professional Society Memberships:

- 1977-present: American Osteopathic Association

1979-present American Academy of Osteopathy
1988-2009: King County Medical Society
1992-present: Puget Sound Spine Spine Society
1987-present: Washington Osteopathic Medical Association
District Trustee: 1989-1994, and 2003-2004;
Association Secretary: 2005-2006
Association Treasurer: 2006-2014.
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Personal Data:

Birth Place: Mineola, New York, U.S.A., 1950

Marital Status: Daughter: Hannah H. Leifheit, born 1989

Languages spoken: Elementary conversational German

Hobbies/Interests: Photography
History and Foreign Travel
Bicycling: Commuter and Long-distance
Hiking / Backpacking

Civic Involvement: Seattle Bicycle Advisory Board (Appointed by Mayor N. Rice)
served 1997-99.
West Seattle Chamber of Commerce, 1990-2000.
West Seattle Kiwanis Club (member since 1991; President, 1993-94).
West Seattle Unitarian Universalist Fellowship, 1992-2002, (Board of Trustees,
1995-96).
Washington Trails Association: member since 1990; trail maintenance volunteer
work, 1997-present; participant in week-long Trail Maintenance teams every summer
since 2004.